Dear families and friends,

Welcome to 2016! It is great to be back; catching up with everyone and hearing their news about the break.

Our new kindergarten students arrived yesterday looking excited about being at school. Welcome to Kaitlyn, Connor, Jayban and Levi.

We also welcome Mrs Noske here as the K-2 teacher. Mrs Noske has spent many hours preparing the classroom for the year ahead and I know the students will really love their learning space.

At the beginning of each year there are many notes we need to have returned. These were sent home yesterday and your assistance in returning them promptly would be appreciated.

I am sure you have heard that Jess and Ryan welcomed Elsie Rose into the world on Monday 4th January. Everyone is doing well.

Newsletters this term will be sent home on Tuesdays- Week 3, 5, 7, 9, 11.

Enjoy the week,
Jenni

Bluearth

Our Bluearth fitness program will be held on Mondays. As this will form a large part of our sport program we will be making Monday our sport day.

New Sandpit

We are very fortunate that Bunnings have donated all equipment and labour to build a new sandpit. The details are being finalised and it should be completed in the next few weeks. Please consider supporting Bunnings where possible to show your appreciation.

Swimming Carnival

The Greater Kengal Swimming Carnival will be held at Lockhart on Wednesday 3rd February. A permission note with all the details was sent home yesterday. Parent helpers will be needed to assist with timing on the day.

Kindergarten Best Start Assessment

Every kindergarten student in NSW completes the Best Start assessment during the first weeks of school. Mrs Noske completed these today while Mrs McRorie taught the class. This information will be shared with the parents when all the data is finalised.

Hats

This term we are going to trial having the students leave their hats at school in their tote trays. We hope that this will ensure that everyone always has a hat and can play where they would like to.

Class supplies

The school is able to supply all the essentials for the classroom. However, children in 3-6 are able to bring their own pencil case, colouring pencils, textas, glue sticks etc if they chose to.
Healthy lunchbox items
The beginning of the year is a great time to think about healthy lunchbox items. I have included some ideas below.

A good helping of fruit and vegetables
Fresh fruit is easy to pack. Raw vegies such as carrot sticks, cherry tomatoes, cucumber or capsicum strips are popular as a snack or in a sandwich.

Starchy food
Like bread, rice, potatoes and pasta. Have a variety to choose from such as wholegrain, wholemeal or high fibre breads such as seeded rolls, Lebanese bread, pita, lavash, bagels; brown and white rice; or tricolour pasta.

Lean protein
Like tuna or salmon (fresh or canned in spring water or oils such as canola, sunflower or olive oil); boiled eggs; beans; or lean meat such as beef or chicken.

Reduced fat dairy food
Like reduced fat yoghurt, reduced fat cheese or reduced fat milk.

Healthy choices
Look at food labels to help you choose the products that are lowest in saturated fat, total fat, sugar and salt. Avoid high fat spreads and try a little avocado, low fat mayonnaise, mustard or ricotta cheese instead.

Nutritious snacks
Such as a small box or bag of dried fruit, rice cakes or unsalted and unsweetened popcorn.

Water Bottle!
It would be great if students did not bring lollies and chocolates to school!

Parent meetings
Later this term, during Week 7, we will be holding individual parent meetings to discuss your child’s learning and ensure we have strong partnerships between home and school. If you have any questions before this date please don’t hesitate to contact us.

School timetable
We have adjusted the school timetable as follows;
9:10-10.20- Session 1
10:20-10:30- Fruit break
10:30- 11:30- Session 2
11:30-12:00- Early lunch
12:00-1:30- Session 3
1:30- 2:00- Late lunch
2:00- 3:10- Session 4

Please ensure your child has some fresh fruit for Fruit Break.
Early lunch and late lunch will be 15 minutes of eating time and 15 minutes of play time. Please ensure your child has enough food for both these breaks.

Home learning
All students will be encouraged to participate in the home learning program. Individual teachers will send home specific information about what is expected each week.

School Rules
The beginning of each year is a great opportunity to review and discuss our school rules which are;
Be safe
Be a learner
Be kind
Follow instructions

Please reinforce these at home.

Week 2

Wednesday, February 3rd Swimming Carnival

Week 3

Tuesday, February 9th P&C meeting@3.15pm

Week 4

Friday, February 19th Southern Riverina Swimming Carnival